

Submit to Win!

After filling in a minimum of 4 Wellbeing Words, drop off your passport at one of the following locations to enter the prize draw!

- ▷ SRC Front Desk
- ▷ Student Housing and Hospitality Services Main Office
- ▷ Human Resources, TEF III (floor 6)
- ▷ Wellness Centre, Life Building

Fill in your details to be entered to win! Winners will be contacted by email or phone by March 15, 2019.

First Name: _____
 Last Name: _____
 Email: _____
 Phone: _____



PRIZES!

Answer 4 or more questions and be entered to win prizes like yoga mats, fitness passes, fitbits, meal kits, and food services gift cards.

Answer all 14 questions and be entered to win all of the prizes including the **grand prize**: a new bike and dinner for two at Fable.

6 UBC Botanical Gardens

The Wellbeing Word for this location: _____




5 Move UBC

What day is Wear Your Active Wear Day?



7 UBC Aquatic Centre

The Wellbeing Word for this location: _____



8 Gather at Place Vanier

The Wellbeing Word for this location: _____



4 Perugia Italian Cafe

The Wellbeing Word for this location: _____



3 Doug Mitchell Thunderbird Sports Centre

The Wellbeing Word for this location: _____



9 UBC Kinesiology Outreach

The Wellbeing Word for this location: _____

Active Kids & Bodyworks/ Osborne Centre

10 Agora at MacMillan

The Wellbeing Word for this location: _____

AGORA CAFÉ

2 Porch at the Nest

The Wellbeing Word for this location: _____




1 ARC Fitness Centre

The Wellbeing Word for this location: _____



11 UBC Tennis Centre

The Wellbeing Word for this location: _____



12 Harvest Market

The Wellbeing Word for this location: _____

HARVEST

Play To Win!

1. Visit each location indicated in the passport.
2. Find the Wellbeing Challenge Poster and write the Wellbeing Word in your passport.
3. While there, participate in an activity or pick up a healthy snack or meal!
4. Drop-off your completed passport card by March 8 at 4:00 PM.

Play To Win!


- ▷ SRC Front Desk
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- ▷ Wellness Centre, Life Building

No registration required, and no purchase necessary at any location.

Questions?
 Contact melissa.baker@ubc.ca

13 Wesbrook Community Centre

The Wellbeing Word for this location: _____



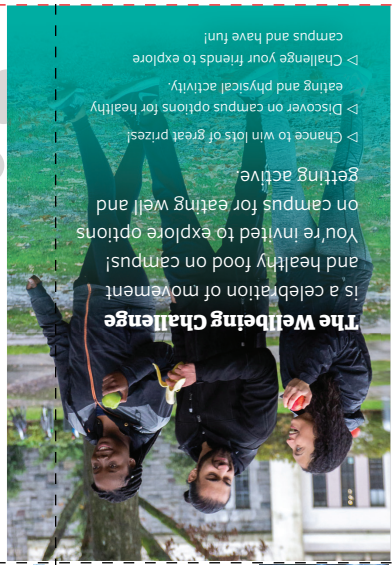
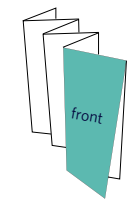
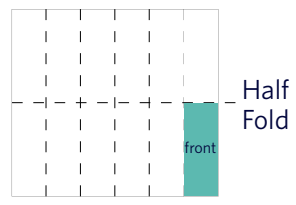
14 Feast at Totem Park

The Wellbeing Word for this location: _____



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CHANCE TO WIN PRIZES!

Wellbeing Challenge 2019
 February 11 - March 8, 2019



UBC wellbeing

Move More, Eat Well

wellbeing.ubc.ca/challenge
 #ubcwellbeingchallenge