PRIZES!

Answer 4 or more questions and be entered to win prizes like yoga mats, fitness passes, fitbits, meal kits, and food services gift cards.

Answer all 14 questions and be entered to win all of the prizes including the **grand prize:** a new bike and dinner for two at Fable.

7 UBC Aquatic Centre

The Wellbeing Word for this location:

_____

8 Gather at Place Vanier

The Wellbeing Word for this location:

_____

9 Active Kids & Bodyworks/ Osborne Centre

The Wellbeing Word for this location:

_____

10 Agora at MacMillan

The Wellbeing Word for this location:

_____

11 UBC Tennis Centre

The Wellbeing Word for this location:

_____

12 Harvest Market

The Wellbeing Word for this location:

_____

13 Wesbrook Community Centre

The Wellbeing Word for this location:

_____

14 Feast at Totem Park

The Wellbeing Word for this location:

_____

CHANCE TO WIN PRIZES!

Wellbeing Challenge 2019

February 11 - March 8, 2019

Move More, Eat Well

wellbeing.ubc.ca/challenge
#ubcwellbeingchallenge

Cut

Fold

Half Fold

front

front

1 ARC Fitness Centre

The Wellbeing Word for this location:

_____

2 Porch at the Nest

The Wellbeing Word for this location:

_____

3 Doug Mitchell Thunderbird Sports Centre

The Wellbeing Word for this location:

_____

4 Perugia Italian Café

The Wellbeing Word for this location:

_____

5 Move UBC

What day is Wear Your Active Wear Day?

_____

6 UBC Botanical Gardens

The Wellbeing Word for this location:

_____

Play To Win!

1. Visit each location indicated in the passport.
2. Find the Wellbeing Challenge Poster and write the Wellbeing Word in your passport.
3. While there, participate in an activity or pick up a healthy snack or meal!
4. Drop-off your completed passport card by March 8 at 4:00 PM:
   - ▷ SRC Front Desk
   - ▷ Student Housing and Hospitality Services Main Office
   - ▷ Human Resources, TEF III (floor 6)
   - ▷ Wellness Centre, Life Building

No registration required, and no purchase necessary at any location.

Questions?

Contact melissa.baker@ubc.ca.

The Wellbeing Challenge is a celebration of movement and healthy food on campus! You're invited to explore options on campus for eating well and getting active.

- ▷ Chance to win lots of great prizes!
- ▷ Discover on campus options for healthy eating and physical activity.
- ▷ Challenge your friends to explore campus and have fun!

Submit to Win!

After filling in a minimum of 4 Wellbeing Words, drop off your passport at one of the following locations to enter the prize draw! Due March 8 at 4:00 PM.

- ▷ SRC Front Desk
- ▷ Student Housing and Hospitality Services Main Office
- ▷ Human Resources, TEF III (floor 6)
- ▷ Wellness Centre, Life Building

Fill in your details to be entered to win! Winners will be contacted by email or phone by March 15, 2019.

First Name: _____

Last Name: _____

Email: _____

Phone: _____