



Move UBC

Off-Campus PASS

FEBRUARY 1 - 29, 2020



Front

Fold



Move UBC is a university-wide annual initiative to improve physical and mental wellbeing by increasing physical activity and reducing the time we spend sitting.

This February we invite you to participate in the Move UBC Off-Campus Challenge!

Back

For more information, including how to sign-up for these FREE classes, visit:
wellbeing.ubc.ca/moveuoffcampus

UBC Students!

This February, attend **FREE** classes at participating studios and collect stickers to win sweet prizes:

Visit:

3 Studios ▷ Win a free Thunderbirds hat.

(limited to first 300 participants)

5 Studios ▷ Win a Move UBC prize pack, and be automatically entered to win a grand prize of a lululemon yoga mat, roller and fitbit!

For a full list of participating studios, visit:

wellbeing.ubc.ca/moveuoffcampus

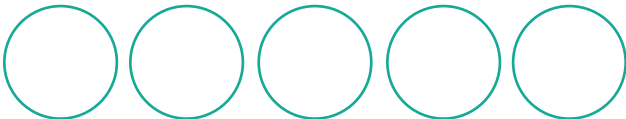
*Inside
top*

Fold

Name: _____

Student #: _____

Email: _____



*Inside
bottom*

Once completed, submit this pass to the UBC Student Recreation Centre by March 1, 2020 to be eligible to win.

Students must bring their UBC Student ID to provide proof of eligibility at each studio.