

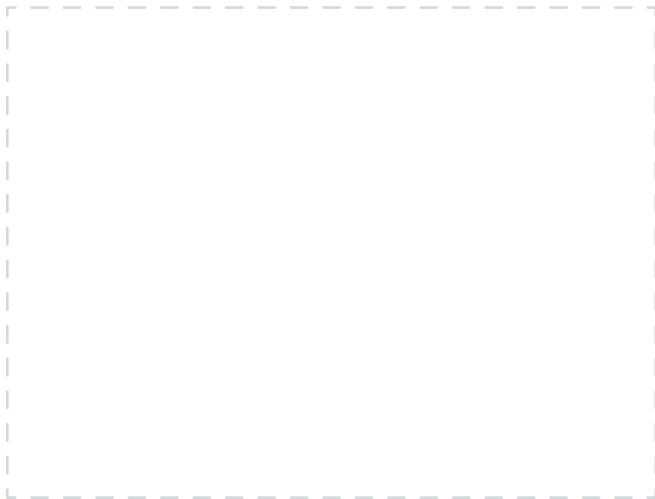
# JUST SAYING HI...



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**From:**

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**To:**

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Let someone know you're thinking of them by sending a Thrive postcard. Download at [wellbeing.ubc.ca/thrivecard](https://wellbeing.ubc.ca/thrivecard)