

# Wellbeing Strategic Framework Roadmap

Targets	Milestones	Lead Unit(s)	Progress	Target Date
<b>Mental Health &amp; Resilience</b>				
<b>UBC Cares:</b> 10% increase in community members who feel mental health is a UBC priority by 2025	Milestone 1. Implement a virtual 45 minute workplace training on Mental Health Literacy for managers and leaders within required workplace training mechanisms	Human Resources	<span style="color: green;">●</span> <span style="color: yellow;">○</span> <span style="color: red;">○</span>	Summer 2022
<b>Mental Health Literacy:</b> 10% increase in community members reporting access to opportunities to develop mental health literacy by 2025	Milestone 2. Develop and implement an engagement strategy to collaborate with affinity groups on mental health literacy training, programs and campaigns	Student Health & Wellbeing; Human Resources	<span style="color: green;">●</span> <span style="color: yellow;">○</span> <span style="color: red;">○</span>	Summer 2023
	Milestone 3. Develop mental health literacy program learning outcomes and competencies for students, staff, and faculty, and create a shared hub for training resources	Student Health & Wellbeing; Human Resources	<span style="color: green;">●</span> <span style="color: yellow;">○</span> <span style="color: red;">○</span>	Summer 2022
<b>Collaborative Leadership</b>				
<b>UBC is committed to wellbeing:</b> 10% increase in community members who feel UBC is committed to the wellbeing of its people, places, and communities	Milestone 1. Partner with the Office of Provost to build capacity for units to embed cross institutional plans into their strategic planning and decision-making	Office of the Provost, Human Resources, Student Health & Wellbeing, Office of Wellbeing Strategy	<span style="color: green;">●</span> <span style="color: yellow;">○</span> <span style="color: red;">○</span>	Fall 2022
<b>All Faculties and Units Take Action:</b> All faculties and units are engaged with wellbeing action	Milestone 2. Develop an engagement approach to unify action, capacity, recognition, and connection of wellbeing champions	Human Resources, Student Health & Wellbeing, UBCO Campus Wellness & Education, Office of Wellbeing Strategy	<span style="color: green;">●</span> <span style="color: yellow;">○</span> <span style="color: red;">○</span>	Summer 2023
	Milestone 3. Develop an integrated communications, engagement, and evaluation strategy to promote UBC's role, approach, and actions as a leading health and wellbeing promoting campus	Office of Wellbeing Strategy	<span style="color: green;">●</span> <span style="color: yellow;">○</span> <span style="color: red;">○</span>	Summer 2023
	Milestone 4. Report and plan using a multisolving approach to ensure wellbeing efforts align with other P&P priorities	Office of Wellbeing Strategy	<span style="color: green;">●</span> <span style="color: yellow;">○</span> <span style="color: red;">○</span>	Spring 2022
<b>Food &amp; Nutrition</b>				
<b>Increase Food Security:</b> TBD% reduction in food insecurity for UBC students by 2025	Milestone 1. Community Food Hubs launched on both campuses to drive collective food security action	Office of Wellbeing Strategy, SHCS, UBCO Campus Wellness & Education	<span style="color: green;">●</span> <span style="color: yellow;">○</span> <span style="color: red;">○</span>	Fall 2022
	Milestone 2. Affordability plan created	Affordability Task Force	<span style="color: green;">●</span> <span style="color: yellow;">○</span> <span style="color: red;">○</span>	Spring 2022
<b>Healthy Beverage Consumption:</b> 50% reduction in sugar-sweetened beverage consumption on our campuses by 2025	Milestone 3. Achieve compliance with 'Healthier Choices in Vending Machines in BC Public Buildings' policy, and develop HBI-supportive guidance for all food and beverage locations and events on UBC campuses	Food Services + Food & Nutrition Committee	<span style="color: green;">●</span> <span style="color: yellow;">○</span> <span style="color: red;">○</span>	Summer 2022
	Milestone 4. HBI designation program launched for food/beverage providers and events	Food Services + Food & Nutrition Committee	<span style="color: green;">●</span> <span style="color: yellow;">○</span> <span style="color: red;">○</span>	Summer 2023

## Legend

● ○ ○ **Green light:** milestone on track | **Yellow light:** milestone requires monitoring | **Red light:** milestone deferred, halted, or is lagging