

Basic Information

Thank you for partnering with Thrive 2021!

For event partners only - Before filling in your registration, please start to gather the following information:

- Event name, promotional description and Thrive 5+ category
- Date, time and online location
- Target audience
- Contact person from your group or organization

Contact Information

Primary Contact Name

Primary Contact Email

Are you:

Student/ student group

Faculty

Staff

Postdoctoral Fellow

Community Member

Other, please specify...

Student group/ Department/Unit name

What is your primary UBC Location?

- Point Grey
- VGH/Diamond Health
- Robson Square
- Learning Exchange
- Woman & Children's Hospital
- St. Paul's Hospital
- Other

Partner Information

How would you like to partner with Thrive? (select all that apply)

- Host a Thrive event
- Help promote Thrive
- Promote Thrive in your course (faculty or instructors)
- Host Not Myself Today (staff and faculty only)

Faculty Partner

What Faculty do you belong to?

Department/Unit Name

How do you plan to engage with Thrive? (select all that apply)

- Promote Thrive in my course/lab
- Engage my students in Thrive activities

Promotional Partner

Will you be promoting Thrive as an individual community member or on behalf of a group?

- Individual

Group (faculty, club, association, program), please specify

How do you plan to promote Thrive and mental health messages at UBC? *(select all that apply)*

- Promote Thrive online events
- Promote campus mental health resources.
- Start a conversation with a friend or colleague about what positive mental health means.
- Promote Thrive via social media using #LetsThriveUBC
- Share your personal tips and tricks about how to thrive on social media, via email, or in person.
- Take photos of things, places, or people that help you thrive, and share them on social media.
- Change your Facebook/Twitter banner or email signature with the Thrive banner.
- Other, please specify

Event Partner

Thank you for hosting an event with Thrive. Please provide us with some information about your event.

At the end of this survey you will be provided with a link to upload your event details to the official Thrive Calendar.

Group or Organization

(Faculty, Department, Program, Unit, Club, Association etc.)

Type of Online Event

- Activity (i.e.: Yoga/Crafts)
- Booth/Fair
- Lecture/Panel
- Discussion
- Workshop
- Other, please specify

Research around physical and mental health consistently points to five everyday ways that can help everyone foster and maintain good mental health.

We are asking partners to host an online event based in on one of the 'Thrive 5' themes and/or considering diverse perspectives on mental health.

Please select the primary theme of your event:

- Moving More
- Resting Up
- Eating Well
- Giving Back
- Saying Hi
- Alternate: We will be hosting a mental health education event
- Alternate: We would like to propose a different theme

Event Name

(please keep this the same on the official Thrive Calendar)

Event Details

How many people do you anticipate will participate or attend?

Please indicate the type of audience invited to your event.

- Closed - A specific UBC community (please indicate)
- Open - A specific UBC community (please indicate)
- Open - All UBC communities
- Public - All UBC communities and the broader population

Given that your event is closed, would you like to include it on the official Thrive Calendar?

- Yes
- No

Ticketing Type

- Free event, drop-in
- Free event, can drop-in or register
- Free event, must register, no drop-in
- Cost, please specify cost and registration requirements:

Would you like a Thrive representative to attend your event?

(ex. to speak about Thrive or about mental health at UBC)

This cannot be guaranteed but we will do our best, schedules permitting.

- Yes
- No

Are you interested in receiving Thrive feedback forms for your event?

Note: We ask you to collect feedback at the end of your event and send them back to us for data entry. In turn, we will provide a data report with feedback about your event.

- Yes
- No

NMT

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